



langloiscompany.com

**PRODUCT**

**BUCKWHEAT PANCAKE MIX #012**

**Aug. 28, 2023**

**FOOD GRADE**

This product shall be of food grade and in all respects, including labeling, in compliance with the Federal Food, Drug, and Cosmetic Act of 1939 as amended and all applicable regulations thereunder.

**DESCRIPTION**

This fine product was developed to yield a high-quality buckwheat pancake with the simplest preparation possible. This pancake mix is prepared by combining cold water and a dry mix. This mix produces a pancake with an “earthy” wholegrain flavor and desirable aroma. This product uses buckwheat flour blended with bleached wheat flour. It is not considered a whole grain product.

**CONTAINER**

6/5 lb. Case

**PREPARATION**

Add 90 – 100 oz. cold water to 5 lbs. of pancake mix. Pour water into mixing bowl and then add mix. Water may be adjusted to desired consistency. Using a wire whip, combine with water and mix only until all water is absorbed. Batter will appear lumpy. Do not over-mix. Allow batter to sit for about 5 minutes at room temperature before cooking. Cook pancakes on lightly greased griddle preheated to about 385° F. for 1 – 1 ½ minutes on each side.

**YIELD**

Yield is approx. 18 - 20 pancakes per 1 lb. of mix depending on size of pancake.

**USES**

Pancakes are commonly served as a main course or side dish at breakfast. Top them with maple syrup, peanut butter, jam or jelly, powdered sugar, etc.

**INGREDIENTS**

Bleached **Wheat** Flour (enriched with niacin, iron, thiamine mononitrate, riboflavin, folic acid), Buckwheat Flour, Whey (from **milk**), Dextrose, Yellow Corn Flour, Highly Refined Soybean Oil (with citric acid as a preservative), Salt, Leavening (sodium bicarbonate, sodium acid pyrophosphate, sodium aluminum phosphate, monocalcium phosphate), Dry Buttermilk (**milk**).

**ALLERGEN WARNING: CONTAINS WHEAT AND MILK**

*Manufactured in a Facility that Processes: Egg, Milk, Soy, Tree Nut & Wheat Ingredients. Contains bioengineered food ingredients.*

**NUTRITION  
(Dry Mix Only)**

<b>Nutrition Facts</b>	
Serving size	(57g)
Amount per serving	
<b>Calories</b>	<b>200</b>
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 0g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 670mg	29%
Total Carbohydrate 40g	15%
Dietary Fiber 1g	3%
Total Sugars 6g	
Includes 3g Added Sugars	5%
<b>Protein 5g</b>	
Vitamin D 0mcg	0%
Calcium 112mg	8%
Iron 2mg	10%
Potassium 195mg	4%
Vitamin K 3mcg	2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.

<b>Nutrition Facts</b>	
Serving size	(100g)
Amount per serving	
<b>Calories</b>	<b>350</b>
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1170mg	51%
Total Carbohydrate 70g	26%
Dietary Fiber 2g	5%
Total Sugars 11g	
Includes 5g Added Sugars	9%
<b>Protein 9g</b>	
Vitamin D 0mcg	0%
Calcium 197mg	15%
Iron 4mg	20%
Potassium 343mg	8%
Vitamin K 6mcg	4%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.